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Tennessee Sports Hall of Fame Sports Education Program

The Champion Within
Teach. Honor. Inspire.

•Sports provide a unique opportunity for self-discovery. This is especially true for children who confront both physical and mental challenges everyday. With proper guidance, they learn that hard work and perseverance bring results. They will inevitably experience defeat, but with sound coaching, they will learn that defeat is only a lesson, and that success and recognition are earned by effort.

•Sports also provide an opportunity for all kinds of people from greatly differing backgrounds to interact with and enjoy each other.

•The lessons of sports provide valuable guidance in the quest for a happier, healthier and more productive life.

- The Tennessee Sports Hall of Fame and Museum subscribes to the principle that sports serve society's highest ideals. By educating youth through sports, it promotes the virtues of competition, fair play, friendship, solidarity, mutual understanding and respect for human dignity.

- The Tennessee Sports Hall of Fame focuses the majority of our attention on educational objectives. This organization is built on the premise that the lessons of sports have a tremendous impact on society.

- The Museum is a state of the art, 7,200 square foot, interactive facility that is both entertaining and educational. The museum teaches students Tennessee history using sports as the catalyst. It honors all those who have made an impact on the history of sports in Tennessee.
- Bring the Tennessee Sports Hall of Fame experience to your class! Inspire your students with the Tennessee Sports Hall of Fame's *The Champion Within* education program.
- From our interactive kiosks your students can witness legendary Hall of Fame athletes speak about their personal experiences of overcoming obstacles and handicaps, the pain of defeat and the thrill of success.

Lesson Ideas

- It is easy to incorporate your visit to the TSHOF into your curriculum.
- The following are lesson plans that you can use prior to your visit

Language Arts

- Lesson: *Connecting to a Sports Hall of Fame Inductee*

- Have students write a letter to a Tennessee Sports Hall of Fame Inductee.

- Have students research and write a short essay/paper on the Inductee whom they consider to be most inspiring and whom they feel they relate to the most.

- Lesson: *Reflection paragraph*

- Have the students reflect on how the Olympics promote peace, unity, and friendship.

- Lesson: *"I Nominate..."*

- Have the students pick a sports figure from Tennessee to nominate into the Sports Hall of Fame.

• Lesson: *Research Sports Hall of Fame Inductees*

-Have students research a Tennessee Sports Hall of Fame Inductee. Consider the following:

Name:

Date of Birth:

Place of Birth:

Sport(s) involved with:

Awards won:

With the information that has been gathered, have the students create a bulletin board and/or a write up about the athlete they have researched.

Make sure to include all information about the athlete, such as pictures and stats.

Mathematics

- Lesson: *Math Attack Soccer*

- Students will calculate, based on the top three World Cup standings in soccer, the total number of points each country has received since 1930 when the inaugural tournament was held.

Learning Expectations:

- Select an appropriate type of graph to represent a set of data, graph the data using technology, and justify the choice of graph.
- Collect and organize categorical, discrete, or continuous primary data and secondary data and display the data in charts, tables, and graphs that have appropriate titles, labels, and scales.

Activity:

- Have the students calculate the total number of points each country scored in soccer. Then have the students organize, label, and plot a graph(s) of the countries' total number of points received from their World Cup standings.

• Lesson: *Olympic Pool*

-Have students calculate the volume of an Olympic-size pool.

Learning Expectations:

-Estimate, measure, and record length, area, mass, capacity, and volume, using the metric system.

Activity:

-Give students the length, width, and depth of a regulated Olympic-size pool. Have the students find out the volume of an Olympic-size pool.

- The following are the regulations for an Olympic-size pool:

Length: 50 m

Lane width: 2.5 m

Height: 2 m

Depth: 2 m

Width: 25 m

Number of lanes: 8 + 2

Volume: 2500 m³

Physical Education

- Lesson: “*Olympic Torch Relay*”

- Create your own Olympic Torch Relay in the school gymnasium or school yard. Make an Olympic torch for the relay.

Learning Expectations:

- Display readiness to participate in the instructional program.
- In class or in small groups discuss activities related to physical activity (e.g. goal setting through a theme-related activity such as a walk-run to the Olympics).

Activity:

- Set up pylons around the gymnasium or school yard in order to make up a relay route for the students to walk or run.
- Take one plastic pylon, flip it upside down, and use it as the Olympic torch or make an Olympic torch.
- Have the students pretend to pass the Olympic torch to each of the cones which represent the different cities in the torch relay. Repeat the relay until each child has had a turn passing the torch.

Learn more about these great Tennessee Sports Hall of Fame Inductees

"To defeat a weak opponent is not the problem: The problem is to win when he is as good or better than you" -

-General Robert Neyland

"The greatest single factor in winning games is this thing called team spirit."

- Dan McGugin

"Don't daydream about it. Do it!"

- Wilma Rudolph